Packing List

Pure South, Masterpiece, Sweet North, World Heritage Walking Tour, The Grand Explorer

For walking

- ☐ A good waterproof rain jacket (Gore-tex or similar)* – *water-resistant or shower-proof is not sufficient*
- ☐ Waterproof rain pants (If you like to wear these)
- ☐ Windproof fleece/merino jumper or down jacket
- ☐ Non-cotton base layers (top and bottom); choose fabrics such as polypropylene, Capilene or Thermax. We use and recommend Merino wool.
- ☐ Lightweight, quick dry long pants (or shorts if you prefer) NOT jeans
- ☐ 1 pair hiking boots or strong walking shoes (with ankle support)
- ☐ 1 pair trainers for shorter walks (optional - you can wear your hiking boots on the short walks if you prefer)
- ☐ 3 pairs thick walking socks
- ☐ Short sleeved shirts
- ☐ Long sleeved shirts
- ☐ Warm hat
- ☐ Gloves
- ☐ Sunhat / cap
- ☐ Water bottle or camelback – minimum 1 litre
- ☐ Dry bag for clothes/valuables
- ☐ Walking poles if you use them (our guides will have some spare hiking poles - enough for one per person - just in case)

General Clothing

- ☐ 1 pair jeans or other casual trousers
- ☐ 2 pairs shorts (or a skirt)
- ☐ 2-3 shirts (think layering for colder days; quick-dry clothes are best)
- ☐ 1 sleep shirt & sleep shorts (or whatever you sleep in)
- ☐ 1 light sweat shirt or long-sleeve t-shirt
- ☐ 1 swimming suit
- ☐ Underwear
- ☐ 4-5 pairs socks both thin and thick
- ☐ 1 pair of casual shoes

Documentation

- ☐ Passport & Travel Documents
- ☐ Travel Insurance
- ☐ Travel documents – flight tickets/ vouchers and itinerary

Other Items

- ☐ Motion sickness tablets (if you require them)
- ☐ Insect repellent (with Deet)
- ☐ Sunglasses
- ☐ Medications and copies of prescriptions
- ☐ Sunscreen and lip balm
- ☐ Toiletries
- ☐ Current converter and outlet adapter
- ☐ Travel alarm clock or phone with alarm
- ☐ Spare bootlaces
- ☐ Phone and charger
- ☐ Camera, spare memory cards and charger
- ☐ Binoculars (if you like)
- ☐ 1 pair sandals (like Tevas or flip flops/ jandals), or water socks, for kayaking (Sweet North, Masterpiece, World Heritage trips only)

Luggage

- ☐ One full sized suitcase or travel bag
- ☐ One day pack (25-30L)

Day pack: You will need a small hiking pack that can fit your water bottle, camera, wallet, suncream, warm layers, rain protection, lunch & anything else you may want to take on your day hikes. We recommend 25-30L.

Dry Bags: These are really handy. They come in all sizes and we recommend at least one for your valuables that cannot get wet. These are available in most outdoor supply stores. Alternatively you could use a zip-lock bag or rain protector for your bag.

Laundry: Most of the places we stay have laundry facilities available (for a small fee), so it is possible to wash your clothes every few days. We can supply detergent – if none available.

Keeping Warm: We visit alpine regions on our walking tours and can encounter cold weather any time of the year. The best way to beat the cold is by wearing two or three thin layers of clothing, rather than one thick layer. Air trapped between layers becomes warmed by the body and instant insulation from the effects of cold is created. Layering also helps keep us nice and dry too. It is also important to have the proper covering for head, hands and feet. As a general rule, wool, silk and synthetic fabrics are recommended as they trap air better than cotton. These items are available in a wide range of clothing articles in soft, stretchy, water- and wind-resistant fabrics. Jerseys, camisoles and underwear help “wick” moisture away from your body and can act as your first layer. For your second layer, you might want a sweater. A third layer, if necessary, may your raincoat or a down jacket.

Evening Attire: Whether relaxing around the dinner table at our accommodation or eating out at a local restaurant, tidy and comfortable clothes are fine (you don’t need your ballgown). Most of our guests wear jeans and a shirt or nice comfortable top to dinners. There is no need to dress up.

NEW ZEALAND TRAILS

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